

**Oldfleet Primary School Mental Health and Well-being Action Plan
2021-22**



Area of need	How will this be achieved?	Who by?	By when?	Evaluation - RAG
School				
Wellbeing section on the school website Further understanding of what support is available from other services in relation to mental health	Update the website, liaise with Hayley Jackson to design a user friendly web page on the school website. Who can provide support around mental health and what support can be made available to your school for pupils, parents / carers and staff.	SLT EB	Autumn term 2021	
The school has a clear mental health and well being policy that demonstrates an understanding of well-being, and how it is supported.	EB to have a clear Mental Health and Well being policy on the school website and shared with staff.	EB add Oldfleet logo, personalise and email to the member of SLT staff responsible for the school website. EBu Actioned 1.12.21.	Autumn term 2021	Have a policy, still awaiting SLT to confirm and add to website

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Leadership are pro-active in their support for pupil's emotional well-being.	Headstart Mark Of Excellence award achieved	EB VM JW	Summer term 2022	Not available
Staff				
All staff have a clear understanding of resilience and their own role in promoting this.	EB new to Mental Health Lead role and to develop her role further she has enrolled on the 'Beginners Mental Health Leads course' at Leeds Beckett University- commencing Nov 2021.	CB	Commence Nov 2021	Completed Feb 2022 by EBU
Leadership play a key role in identifying and coordinating CPD opportunities to ensure that individual staff and the school team as a whole have the skills required to support mental health and well being.	EB to attend half termly cluster meetings with MHL's across trust to develop her MHL role. EB to cascade training to staff with the support of VM.	EB VM- SLT Pastoral lead	Autumn 2 2021 Spring 1 2022 Spring 2 2022 Summer 1 2022 Summer 2 2022	EBu Attending termly
Leadership play a key role in identifying and coordinating CPD	Enhance the staff room provision as a 'sanctuary' to promote mindfulness and staff well-being.	JW (EB)	Spring 1 2022	Ongoing

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<p>opportunities to ensure that individual staff and the school team as a whole have the skills required to support mental health and well being.</p>				
<p>Leadership play a key role in identifying and coordinating CPD opportunities to ensure that individual staff and the school team as a whole have the skills required to support mental health and well being.</p>	<p>Staff to complete their own WRAP (Wellness Recovery Action Plan) checklist and share with colleagues to support staff well-being.</p>	<p>EB JW</p>	<p>Spring 2 2022</p>	<p>Completed Spring 2 by EBU</p>
<p>Leadership play a key role in identifying and coordinating CPD opportunities to ensure that individual staff and the school team as a whole have the skills required to support mental health and well being.</p>	<p>Staff to complete 'Mental wellbeing in children and young people', Mindfulness in the classroom' courses on TES Develop.</p>	<p>EB VM All staff</p>	<p>Spring 1 2022</p>	<p>ongoing</p>

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Parents				
The school has evidence that they welcome parents/carers and they are included and supported in the school community	EB and VM to organise a weekly parent coffee morning (Fri am) with the SENCo to give parents some mental health and well-being advice and strategies. Promote the event to parents using flyers, Twitter, Teachers2 Parents text messaging system. School Nurse to do workshops on ill mental health, signs and symptoms and strategies to use.	EB VM RR SENCo	Spring term 2022	
Pupils				
The school has a school council which has a regular mental health and well being agenda.	EB to appoint Mental Health leads on the Junior leadership team, discuss how they can promote mental health and well being in their classes and across school and have a clear action plan of how this will be completed. Autumn term focus- School Council promote worry jars across the school.	EB Junior Leadership team Liaise with JW for support	Spring term 2022	Completed
The school provides clear and consistent information about the opportunities available for children/young people to discuss their personal issues and emotional concerns.	Worry box to be established and promoted across the school. Wellbeing Ambassadors to support the promotion.	EB Wellbeing Ambassadors lead staff	Spring term 2022	Launched as well as feelings displayed with a 'worry' section in which pastoral team can pick up.